Theory

\checkmark Models of interaction

 ✓ Affordances, mappings, constraints, types of knowledge, errors, feedback

✓ Design principles

- ✓ Nine golden rules, responsiveness
- ⇒Human cognition and performance
- History and vision of HCI

Practice

✓ Sketching

- \checkmark User observation
- \checkmark Iterative design
- ✓ Prototyping
- \checkmark Ideation
- User study and evaluation



What's Human-Computer Interaction?



2

Some Cognitive Psychology Basics

- The Model Human Processor
- Perception, Cognition, Motor System
- Fitts' Law





Experiment I

I cm | 4cm | |

Same with .5cm and 2cm wide strips Tap for 10s, count taps afterwards

8cm

l6cm

Model Human Processor

- By Stuart Card, Tom Moran, Alan Newell
 - The Psychology of Human-Computer Interaction, 1983
- Basic model for perception, memory, and motor system
- Goal: estimate execution time, error rates, and training effects for simple input/output events



Model Human Processor

- CMN Model
- 3 processors with associated memory
- SlowMan, MiddleMan, FastWoman



Experiment 2

- In pair, one person reads the paragraph handed out.
- Have your friend observe your eye movement.
- How does the eye move while your partner reads?



7



Tobii TX300



Perception

- Eye saccades: 230 ms
- Explains reading rates
 - Maximum:13 characters/saccade ⇒ 652 words/minute







Causality Experiment

Ш

 The animations show two billiard balls colliding, and then the still ball moving after 0, 50, or 100ms delay





Perceptual Processor

- Perception time: $\tau_P \approx 100 \text{ ms}$
 - Explains animation rates (10 fps for MiddleMan)
 - Explains max. delay before causality breaks down
 - Shortens with intensity





Experiment 3

- I. Digit experiment
 - I. Choose 5 digits secretly from your sheet, then read them to your neighbor.
 - 2. Have him count backwards aloud from 50.
 - 3. Have him answer some other question (like what he had for dinner 3 days ago).
 - 4. Does he still remember the entire 5-digit sequence correctly?
- 2. Switch roles, repeat with 9 digits.
- 3. Finally, switching roles again, read the long sequence of numbers to your neighbor, stopping somewhere suddenly. See how many of the last numbers he can repeat immediately.



Cognitive System

- Chunks depend on user & task
- Working memory:
 - Capacity: $\mu_{WM} = 7 \pm 2$ chunks (Miller'56)
 - Half life: $\delta_{1,WM} = 73 \text{ s}$ (1 chunk) $\delta_{3,WM} = 7 \text{ s}$ (3 chunk)
 - Visual/acoustic encoding

LC	DNG-TERM MEMORY
	$\delta_{LTM} = \infty,$ $\mu_{LTM} = \infty,$ $\kappa_{LTM} = Semantic$
· V	VORKING MEMORY
δ _{WM} (1 WM (3 c	$\mu_{WM} = 3 [2.5 \sim 4.1] \text{ chunks}$ $\mu_{WM}^* = 7 [5 \sim 9] \text{ chunks}$ $\delta_{WM} = 7 [5 \sim 226] \text{ sec}$ $\text{chunk} = 73 [73 \sim 226] \text{ sec}$ $\text{chunks} = 7 [5 \sim 34] \text{ sec}$ $\kappa_{WM} = \text{Acoustic or Visual}$ $Cognitive$ $Processor$ $= 70 [25 \sim 170]$ $msec$



Cognitive System

- Long-term memory:
 - Infinite capacity and half life
 - Semantic encoding (associations)
 - Fast read, slow write
- ⇒Remembering items maxes out at 7 s/chunk learning speed (1 pass)
- Cognitive processor:
 - Processing time $\tau_c = 70 \text{ ms}$







Experiment 4

- Experiment: 5 s of strokes between lines. Try to reach both lines.
- Count number of reversal
 - How many milliseconds per reversal?
- Create a contour of stroke bottoms, count number of corrections
 - How many milliseconds per correction?



10 corrections/side = 20 total corrections 18

Motor System



74 ms/reversal 250 ms/correction

- Motor processor (open loop)
 - $\tau_{_M} = 70 \text{ ms}$

 \Rightarrow Average time between each reversal







Motor System



74 ms/reversal 250 ms/correction

- Closed loop:
 - $au_P + au_C + au_M = 240 \text{ ms}$

 \Rightarrow Average time between each correction





Tapping Task Results (Experiment I)

lcm

4cm | Tap for

Same with .5cm and 2cm wide strips Tap for 10s, count taps afterwards

8cm

l6cm



media computing group 🔐

Tapping Task Results

- Doubling the distance adds roughly a constant to execution time
 ⇒ indicates logarithmic nature
- Doubling the target width gives about same results as halving the distance

 \Rightarrow indicates connection of D/W in formula







- Goal: Predict time to press buttons (physical or on-screen) as function of distance and size
- Result (Fitts, 1954): $T_{pos} = I_M \times I_D$
 - T_{pos} time to reach button
 - $I_M = 100 \text{ ms/bit}$ index of movement, constant
 - $I_D = \log_2(2D / W)$ index of difficulty, in bits





- D_i : remaining distance to target after i^{th} movements,
 - $\epsilon:=\frac{D_i}{D_{i-1}}<1$ relative movement precision, is a constant (CMN) $\epsilon=0.07 \ \ {\rm from\ experiment}$

$$D_1 = \epsilon * D_0 = \epsilon * D$$
$$D_2 = \epsilon * D_2 = \epsilon^2 * D$$
$$\dots$$
$$D_n = \epsilon * D_{n-1} = \epsilon^n * D \le \frac{W}{2}$$

(hand reaches target after *n* movements)



Visualizing Fitts' Law

Experiment: fixed distance D, varying width W



Improvements

• Welford's Formulation, 1968:

$$T_{pos} = I_M \cdot \log_2\left(\frac{D}{W} + \frac{1}{2}\right)$$

• Shannon's Formulation, ISO, 80's:

•
$$T_{pos} = a + b \cdot \log_2\left(\frac{D}{W} + 1\right)$$

a, *b* depend on device, determine experimentally Use a = 0 ms, $b = I_M = 100$ ms for quick and dirty estimates Improved curve fit, no negative times for infinite-size targets



 $--- T_{pos} = a + b \cdot \log_2\left(\frac{D}{W} + 1\right)$

 $- T_{pos} = I_M \cdot \log_2\left(\frac{D}{W} + \frac{1}{2}\right)$



Exercise: Mobile Phone

- How much faster does calling become by moving the "call" button from 35 mm distance to 15 mm distance, measured from the middle of the keypad? The size of the call button is 10 x 10 mm
- Welford's Law: $T_{pos} = I_M \cdot \log_2\left(\frac{D}{W} + \frac{1}{2}\right)$
- Use $I_M = 100 \text{ ms/bit}$



Solution

$$T_{pos1} = I_M \cdot \log_2 \left(\frac{D_1}{W} + \frac{1}{2} \right)$$
$$T_{pos2} = I_M \cdot \log_2 \left(\frac{D_2}{W} + \frac{1}{2} \right)$$

$$T_{pos1} - T_{pos2} = I_M \cdot \left(\log_2 \left(\frac{D_1}{W} + \frac{1}{2} \right) - \log_2 \left(\frac{D_2}{W} + \frac{1}{2} \right) \right)$$

= $100 \frac{\text{ms}}{\text{bit}} \cdot \left(\log_2 \left(\frac{35}{10} + \frac{1}{2} \right) - \log_2 \left(\frac{15}{10} + \frac{1}{2} \right) \right)$ bit
= $100 \text{ ms} \cdot (\log_2 4 - \log_2 2)$
= $100 \text{ ms} \cdot (2 - 1)$
= 100 ms

 \Rightarrow Moving the call button speeds up each call by an average of about 100ms.



Theory

\checkmark Models of interaction

 Affordances, mappings, constraints, types of knowledge, errors

✓ Design principles

- ⇒Human cognition and performance
- History and vision of HCI

Practice

✓ Sketching

 \checkmark User observation

 \checkmark Iterative design

✓ Prototyping

√Ideation

 \Rightarrow User study and evaluation



When to Evaluate



Why Evaluate?

- To ensure that system matches user needs
- Necessary even if design was already user-centered (interviews, ...)!
- Evaluation should happen throughout the entire software development process
 - Early designs are more often evaluated by design team, analytically and informally
 - Later implementations are more often evaluated by users, experimentally and formally



Why Evaluate?

- To judge system features
 - Does it facilitate users' tasks?
 - Does it offer the right features, easy to reach, and presented as expected?
- To judge effects on users
 - How easy to learn and use is the system?
 - How do users feel about the system?
 - Are there areas that overload users?
- To discover specific problems
 - Do unexpected/confusing situations come up?

Where to Evaluate: Lab

- With or without users
- + Equipment (A/V, see-through mirrors, special computers), no disruptions, quiet
- Natural environment missing (shelves, wall calendar, ...); unnatural situation (relevance?)
- Only place possible if real use dangerous, remote (ISS), or controlled situation needed





Where to Evaluate: In The Field

- Studies in the users' natural environment
- + More realistic (also because of disruptions)
- + Situations and behavior more natural
- + Better suited to long-term studies
- Noise, task interruptions
- Will still feel like a test situation





Participatory Design

- Involve user as part of design team throughout entire software process
- Originated in Scandinavia where it is the law for certain products
- Techniques for team communication
 - Brainstorming, storyboarding, workshops, interviews, role plays, paper prototypes
- Problems
 - High effort, conflicts with client hierarchies, user conversion



Evaluation Techniques

Evaluating Without Users

EI Literature Review

E2 Cognitive Walkthrough

E3 Heuristic Evaluation

E4 Model-Based Evaluation (GOMS,...)

Evaluating With Users

Qualitative

E5 Model Extraction

- E6 Silent Observation
- E7 Think Aloud
- **E8** Constructive Interaction
- **E9** Retrospective Testing

Quantitative

E10 Controlled Experiments



El: Literature Review



- Many research results about user interface design have been published
- Idea: Search literature for evidence for (or against) aspects of your design
- Saves own experiments
- Results only carry over reliably if context (users, assumptions) is very similar



E2: Cognitive Walkthrough

- Without users
- Expert = designer or cognitive psychologist
- Goal: Judge learnability and ease of use
- Step through each task and ask
 - How does interaction influence user?
 - What cognitive processes will she need?
 - What problems could learning/doing this step have?
- Does system help user to get from goals to intentions and actions?
- Requires interface description, task description, and user profile



E2: Cognitive Walkthrough

- What to do:
 - Choose task—describe goals—determine actions
 - Analyze this decision process using above questions
- Question forms capture psychological knowledge and guide the tester
- Analytical method for early design or existing systems
- Takes time



E3: Heuristic Evaluation

- Variant of Cognitive Walkthrough
- Choose usability heuristics
 - General guidelines, e.g., Nine Golden Rules
- Step through tasks and check whether guidelines are followed
 - + Quick and cheap
 - Subjective

Better done by several independent designers





E4: Model-Based Evaluation

- Some models exist that offer a framework for design and evaluation
- Examples:
 - Information efficiency
 - GOMS, KLM
 - Design Rationale (History of design decisions with reasons and alternatives)
 - Design Patterns



Evaluation Techniques

Evaluating Without Users

E1 Literature Review E2 Cognitive Walkthrough

E3 Heuristic Evaluation

E4 Model-Based Evaluation (GOMS,...)

Evaluating With Users

Qualitative

E5 Model Extraction

- E6 Silent Observation
- E7 Think Aloud
- **E8** Constructive Interaction
- E9 Retrospective Testing

Quantitative

E10 Controlled Experiments



HCI Literature Sources

Conferences

 CHI (main), UIST (technical), DIS (design), INTERACT (Euro-Asian), CSCW (group work), Ubicomp, ACM Multimedia

• Journals

- TOCHI (archival), Interactions (magazine), PUC (Ubicomp)
- Online
 - ACM Digital Library, hcibib.org



HCI Literature Sources: Books

- Norman '02: Design of Everyday Things
 - Affordances, mappings, constraints
- Dix '04: Human-Computer Interaction
 - Very good general textbook
- Shneiderman '09: Designing the UI
 - Technology, interviews
- Nielsen '93: Usability Engineering (prototyping)
 - How to bring usability to the business





HCI Literature Sources: Books

- Buxton '07: Sketching User Experiences
 - Focuses on the early stages of product design
- Winograd (ed.) '96: Bringing Design To Software
 - Collection of articles, case studies
- Preece '07: Interaction Design
 - Design-focused textbook
- Boggridge '08: Designing Interactions
 - Coffee-table style, short essays about seminal digital product design
- See http://hci.rwth-aachen.de/hcibooks for a more detailed list with descriptions

